

NEW OPIOID DOT TESTING, HOW WILL IT IMPACT EMPLOYERS AND EMPLOYEES??

On 1-1-2018 DOT drug test were changed to include the following 4 new substances, hydrocodone, hydromorphone, oxycodone & oxymorphone.

Here is a synopsis of what these changes may mean to employers and employees.

General

- Possible extended time for laboratory testing of specimens
- Higher laboratory positive rate for opioids
- More MRO reviews and prescription validation for laboratory positive opioid test
- More medical safety concerns/notices to employers from MRO's
- Increased cost to employers for laboratory and MRO services
- Shrinking driver pool due to unwillingness of drivers to forgo their opioid prescriptions

MRO Process Changes

- MROs must delay reporting medication safety concerns when opioid prescription is involved to the employer
- MRO reports negative result to employer immediately based on verified opioid prescription
- MRO instructs donor to have his prescribing/treating physician contact the MRO ASAP
- MRO discusses the safety risks associated with the medications donor disclosed with the physician if the physician contacts MRO
- If medications are not changed or discontinued the MRO then reports safety concerns to the employer
- If employees prescribing/treating physician does not contact the MRO within 5 days of reporting the initial negative result, the MRO will release safety concern to employer

MRO Process Changes: Impact on Employers

- Additional prescription validation measures may take more time, thus increasing MRO verification time-line
- MRO processes associated with verification of positive test or safety concerns will not be able to identify employee prescription abuse/misuse
- The delay in reporting medication safety concerns, for up to 5 days after reporting a negative result, means that an employer hires or returns to work an employee based on a negative result, and then subsequently learns that there is a significant safety risk associated with the employee's performance of safety-sensitive functions
- When a medication safety concern is reported by the MRO, it becomes incumbent upon the employer to address/resolve it
- DOT recommends resolving it by having the driver take a fit-for-duty physical examination, the physician would have to medically qualify the driver to perform safety sensitive duties while

being allowed to continue their prescribed opioids. In today's litigious environment that is highly unlikely.

MRO Process Changes: Impact on Employees

- You will be tested for four semi-synthetic opioids: hydrocodone, oxycodone, hydromorphone, oxymorphone. Some common names for these semi-synthetic opioids include OxyContin®, Percodan®, Percocet®, Vicodin®, Lortab®, Norco®, Dilaudid®, Exalgo®.
- **Talk to your prescribing physician now do not wait until you are drug tested.** Your prescribing physician should be willing to state to the MRO that you can safely perform your safety-sensitive functions while taking the medication(s), or consider discontinuing or changing your medication to one that does not make you medically unqualified or does not pose a significant safety risk.
- You will most likely need to discontinue the use of prescribed opioids or seek employment in another field.